

# 2024 Forever Product Brochure

Online store Forever SA  
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**Plant to  
Product  
to You**



FOREVER®



FOREVER®

What **Matters** Most...

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# What Matters Most...

## A letter from our CEO, Gregg Maughan

For more than 46 years, Forever has remained committed to changing the lives of others through products that promote lasting health and wellness.

This company was built on the principles of quality, kindness, honor and the willingness to follow the road less traveled. A commitment to these values helped Forever grow from my father, Rex, selling aloe vera products out of our home to operating in over 140 countries throughout the world. Today, those principles stand as the foundation for our business.

As a vertically integrated company, we own our aloe fields, manufacturing facilities, research and development, quality control laboratories, and distribution channels. This gives us control over our products, ensuring quality, safety and customer satisfaction have always been our top priorities.

We rely on the unique combination of ingredients found in nature and advancements found in science to bring the best, most effective products to market — always with your health and wellness in mind.

Our hope is that you will not only look better and feel better because of our products, but that you will also experience the positive, transformative change that Forever has brought to millions of lives around the world.

To your health,



Gregg Maughan  
CEO, Forever Living Products International





# From Plant to Product to You

With a **“plant to product to you”** philosophy, Forever is the largest aloe manufacturer in the world. With over 7,500 acres in Texas and the Dominican Republic, we grow 40 million aloe vera plants, on average, each year that are harvested and shipped to our product manufacturing facilities. But it's not just any aloe vera — we only grow and harvest Aloe Barbadensis Miller, which is the most nutritionally valuable variety of aloe.

Since 2200 BC, people have been using aloe vera for its soothing qualities, and it's no wonder why. Aloe vera has powerful benefits that nourish the body inside and out. From aiding in digestion and promoting natural energy to soothing and conditioning the skin, pure inner leaf aloe vera gel is at the heart of everything we do at Forever. That's why we own our process — our aloe fields, manufacturing facilities, research and development, quality control laboratories, and distribution channels — truly making what we do **“from plant to product to you.”**



View our Plant to Product to You video!



## Plant Cultivation

Our aloe plants are carefully nurtured, and once the leaves reach maturity after about a year, each one is harvested by hand.

"We only harvest our aloe vera leaves after they have reached full maturity," says Leonel Mesa, Senior Director of Operations. "This ensures that the largest amount of pure aloe vera gel, along with all of its nutrients, are preserved throughout the manufacturing process. Doing this by hand allows us to get the highest quality aloe to use in Forever's incredible products."



After removal from the plants, the leaves are transported to an on-site processing station where they are washed twice before being filleted by hand. This ensures the rind is fully removed and only the nutritious inner leaf gel is left.

Next, the aloe vera gel passes through several quality check stations, and any anomalies are removed before it travels to an aseptic tank for processing. This entire process is completed within six hours of harvesting so that all the aloe vera's beneficial properties remain intact.

During aseptic processing, the aloe is flash-heated to lock in the benefits and freshness, while safely reducing the level of impurities without the need for preservatives. This aseptic process has been proven to maintain over 300% more of the aloe's vitamin content, resulting in a final product that is fresh and nutritious. The pure aloe vera gel is then bulk-packed into large totes for transportation to our manufacturing facilities.

## Product Formulation

Aloe Vera of America (AVA) serves as the manufacturing hub for most of our aloe operations around the world. It is here where the production process, and the foundation for many of our products, begins. This state-of-the-art facility has the latest in manufacturing technology, laboratory testing equipment, and product research and development to produce beverages and cosmetics using pure inner leaf aloe vera gel as the primary ingredient.

"Due to the importance of product quality, we have a high level of procedure and documentation around our manufacturing processes," says Terry Harkins, AVA's Director of Quality Management.



As part of this process, once the inner leaf aloe vera gel arrives, it is tested to make sure it meets all product specifications and is then flash-heated a second time. From here, the formula heads to the packaging line. Once final quality inspections and testing are performed, our aloe vera products are released for shipment.

## Delivery to You

After cultivation and formulation, it's time for distribution. Forever has regional distribution centers all over the globe that supply products to over 160 countries. This allows us to control lead times, reduce costs, and assure our quality standards are upheld throughout our distribution channels.

A complex system of cutting-edge technology ensures that each product you order is efficiently packaged. Once the order is fulfilled, the package is reviewed for accuracy and sealed with care to make sure that it arrives safely to your door.

"Our packaging philosophy for our packing employees is to 'create your own masterpiece,' something our Founder Rex Maughan instilled," says Peter van Eijk, Director of Operations at Forever Direct. "Every package should account for accuracy, efficiency and quality. When someone receives a Forever order, it should look like a gift, handled with love and care."

With Forever, the benefits of nature are backed by science. Our "plant to product to you" philosophy ensures that we can control the cost, and most importantly, the quality of our products at every step of the process. This means you can feel confident in knowing that you are getting the very best product to help you look and feel your best.





## Sustainable Solutions

Throughout this process, Forever continues to prioritize innovation and sustainability in several ways:

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All the water used to clean and wash our aloe vera is recycled back into the aloe fields to help conserve water.

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With over 20 million aloe vera plants in our aloe fields, we have been able to cleanse the Earth of millions of tons of CO<sub>2</sub>.

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For eight consecutive years, Aloe Vera of America has received the Blue Thumb Award, which certifies that it has met all local and federal pretreatment requirements for eliminating any possible pollutants.

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Aloe Vera of America has International Organization for Standardization (ISO) certifications for water efficiency, energy efficiency, quality, environmental, occupational safety, and laboratory competence.

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For eight consecutive years, Aloe Vera of America has received the P2 award from the Texas Commission on Environmental Quality for its waste recycling and minimization programs.

---

Forever Direct reduced shipping box sizes, switched to boxes made of 85% recycled material, and replaced plastic filling with paper filling.

---

Forever switched the packaging of Forever Aloe Vera Gel® to PET bottles, which is a 100% recyclable plastic, and ours is made from more than 50% post-consumer recycled content. (PET bottles not yet introduced in Southern Africa)







# Fundamental Nutrition



Vitamins and minerals are essential to helping your body function the way it should.

While a healthy diet and lifestyle certainly help, most people still benefit from the nutrient boost found in nutritional products and supplements.

Adding these to your diet provides your body with what it needs to maintain optimal health, including supporting immunity, digestion, energy, and an active lifestyle.

Forever's products are scientifically advanced — featuring clinically studied ingredients — and we are continually evaluating our formulas to ensure they provide the very best ingredients based on emerging science.

What's more, our nutritional drinks contain up to 99.7% pure stabilized aloe vera gel, the heart of our company and many of our products.



# Fundamental Nutrition

## Drinks

Forever's stabilized aloe vera gel is the foundation for our drink products. Our 99.7% inner leaf gel is hand-harvested from Forever's own aloe fields in Texas and the Dominican Republic, and it's aseptically processed, which allows the formula to remain free of added preservatives.

Forever's aloe vera gel is certified by the International Aloe Science Council for its aloe content and purity, so no matter which Forever drink you choose, you're getting the benefits of aloe, just as nature intended.



**100%  
RECYCLABLE  
MATERIAL**



**6 LAYERS  
OF PROTECTIVE  
MATERIAL**

#715

### Forever Aloe Vera Gel®

Support a variety of healthy body functions including digestion and nutrient absorption with 99.7% pure inner leaf aloe vera gel.

1 Liter

#71612

### Forever Aloe Vera Gel® Minis

Good things come in small packages. All the goodness of our 99.7% pure inner leaf aloe vera gel, ready for you to enjoy at home or on the go.

12 x 330 ML



These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.

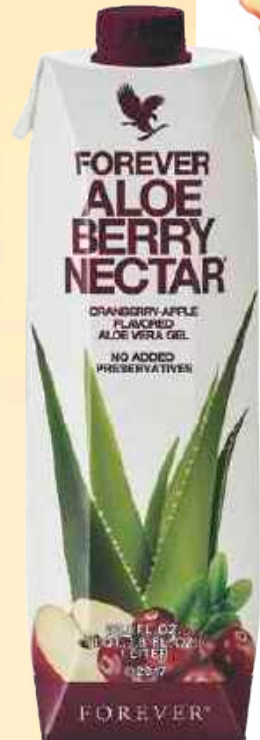


**USDA  
ORGANIC**

The inner leaf aloe vera gel from the aloe vera plants grown in Forever's Dominican Republic fields is 100% Organic.



**FOREVER  
FAVOURITE**



**#734**

### Forever Aloe Berry Nectar®

The benefits of 90.7% pure aloe vera gel are delivered with the refreshing natural flavour of cranberries, which support urinary health, and sweet apples, which provide phytonutrients.

1 Liter



**#777**

### Forever Aloe Peaches®

Drink in the nutritional benefits of 84.5% pure aloe vera gel with the flavour and nutrition of sun-ripened peaches.

1 Liter





## Fundamental Nutrition

- **ACAI**
- **ACEROLA**
- **CRANBERRY**
- **GUARANA**
- **VITAMINS**  
B2, B3, B6, B12



#721

### **FAB Forever Active Boost®**

Stay charged and energised with Forever FAB. Reformulated with a delicious new and improved exotic flavour and bigger can size.

269 ml

**Power up when you need to perform at the office, in the gym or anywhere else!**



#200

### Aloe Blossom Herbal Tea®

Delicious both hot and iced, this caffeine-free tea combines the soothing flavours of spicy ginger and cinnamon with chamomile and orange peel for a relaxing feeling.

25 individually foil wrapped bags



#196

### Forever Freedom®

Aloe vera gel, chondroitin, glucosamine and MSM combine with a zesty orange flavour to help maintain healthy joint function, cartilage and mobility.

1 Liter

Get moving with a  
few satisfying sips!



## Fundamental Nutrition

#622

### Forever Focus®

Using a clinically studied ingredient of Cognizin® plus other brain-boosting herbs and vitamins, this supports cognitive function, mental focus and attention.

120 capsules

#068

### Forever Fields Of Greens®

A blend of barley grass, wheat grass and alfalfa helps fill dietary gaps to nourish the body, along with cayenne pepper to maintain healthy digestion and circulation.

80 tablets

#624

### Forever iVision®

This advanced eye supplement supports healthy vision and helps filter blue light from digital devices using Lutemax 2020, a clinically studied ingredient derived from marigold extract.

60 softgels

#439

### Forever Daily®

This balanced blend of 55 vitamins and minerals uses the power of aloe in an exclusive AOS Complex™ to maximize nutrient absorption and complement a healthy lifestyle.

60 tablets

#439 (SA) #504 (Botswana)

### Forever ARG1+®

Give your favourite drink a berry-flavoured boost with the powerful amino acid L-Arginine, which helps support the cardiovascular system and promotes athletic performance.

30 packets

## Daily Needs

Supporting your health starts with your daily routine. Even if you have a healthy diet, you're most likely still missing out on vital nutrients. Forever's daily supplements close this gap with essential vitamins, minerals and nutrients that support a variety of health needs including increased energy, healthy digestion, and bone health.





#621

**Forever Supergreens®**

Each portable stick pack includes a blend of over 20 fruits, vegetables, superfoods and aloe to support a number of healthy body functions and systems.

30 packets



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## Fundamental Nutrition / Daily Needs



### #188 (Botswana Only)

#### Forever B12 Plus®

Vitamin B12 and folic acid combine in an advanced time-release formula to help support metabolic processes, assist in the production of red blood cells, and promote a healthy immune system.

60 tablets

Get Your  
Extra Daily  
Boost

### #037

#### Forever Nature-Min®

Get optimal levels of 10 essential and trace minerals that contribute to electrolyte balance and support energy-yielding metabolism.

180 tablets

### #072

#### Forever Lycium Plus®

This blend of botanicals includes lycium, also known as goji berry, which provides phytonutrients and antioxidants shown to enhance the complexion and help maintain good vision and energy.

100 tablets

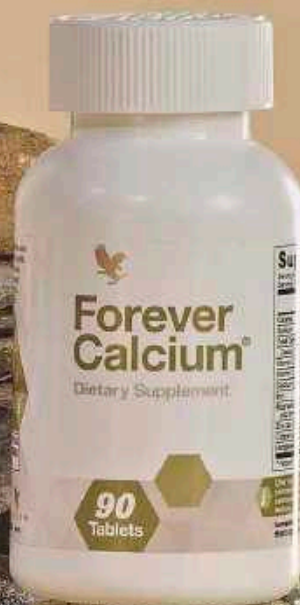
### #464

#### Forever Fiber®

Convenient fiber stick packs support healthy digestion and dissolve easily in your favorite beverage with no gritty texture.

30 packets





#206

### Forever Calcium®

A combination of calcium, vitamin D, zinc and magnesium supports bone health when combined with a healthy diet and regular physical activity.

90 tablets

#374

### Vitolize® For Men

Formulated with ingredients like saw palmetto, pygeum, pumpkin seed and lycopene, this men's supplement provides natural support for testicular function and urinary health.

60 softgels

#375

### Vitolize® For Women

An antioxidant-rich blend of botanicals including apple powder, passionflower, schisandra berry, and cranberry powder provides natural support for women's hormonal balance and urinary tract health.

120 tablets

#354

### Forever Kids®

Specially formulated with the essential vitamins, minerals and other nutrients a growing body needs, this sugar-free, grape-flavoured chewable is safe for children age 2 and older.

120 chewable tablets

Excellent Nutrition For The Family



## Fundamental Nutrition

### Immune Health

Staying healthy is key to living the life you want and showing up for what matters most.

Make sure your immunity doesn't slow you down with products that support immune health function, fight against oxidative stress, and strengthen immune cells.



Forever Aloe Vera Gel is the ideal companion to take these immune-supporting supplements, as it helps with nutrient absorption.





Help support your  
immunity with Forever  
Bee Propolis®!



#048

### **Forever Absorbent-C®**

Get your daily value of vitamin C, which supports the immune system, fights free radicals, and benefits the skin, with this chewable that has a honey and a natural orange flavour.

100 chewable tablets

#355

### **Forever ImmuBlend®**

A blend of botanicals and proven ingredients like vitamins D and C and zinc contribute to the healthy function of the immune system.

60 tablets

#610

### **Forever Active Pro-B®**

Promote a healthy digestive system and support immunity with over 8 billion CFU per serving and six synergistic probiotic strains.

30 capsules

#065

### **Forever Garlic-Thyme®**

Delivered in an odorless softgel, a super duo of both garlic and thyme enhance immunity while garlic also promotes cardiovascular health.

100 softgels





## Fundamental Nutrition

### Active Lifestyle

Staying active supports your overall wellness physically, mentally and emotionally. Whether you run marathons, like to dance, do tai chi, or prefer to hike, movement is an essential component to a healthy lifestyle.

Select Forever products will help provide you with the support you need to maintain an active lifestyle, including helping with faster exercise recovery, promoting cardiovascular health, and building lean muscle.



FOREVER  
FAVOURITE



## Did you know?

One of the key ingredients of Forever Move™, NEM®, is five times more effective than glucosamine and chondroitin alone for supporting a healthy range of motion, enhancing flexibility, decreasing stiffness and promoting fast recovery from exercise.



Help support your active lifestyle with Forever Freedom & Forever FAB!

## #312

### Forever CardioHealth® With CoQ10

This combination of CoQ10, B vitamins and minerals in a convenient stick pack can support healthy heart function and circulation.

30 packets

## #376

### Forever Arctic Sea®

The exclusive blend of EPA and DHA omega-3 fatty acids with a never-fishy, always refreshing citrus flavour and aroma supports the health of key body systems including cardiovascular, digestive, immune, brain and eye.

120 softgels

## #215

### Forever Multi-Maca®

Designed for both men and women, this blend of maca and other natural ingredients boost stamina, increases sexual desire and encourages a relaxed, positive mood.

60 tablets

## #264

### Forever Active HA®

This advanced blend of joint-supporting ingredients, like ginger and turmeric root, helps keep you moving with the addition of hyaluronic acid, which lubricates and cushions joints.

60 softgels

## #551

### Forever Move®

Support a healthy range of motion, joint comfort, and promote fast recovery from exercise with this blend of curcumin and key proteins from eggshell membrane.

90 softgels



## Fundamental Nutrition / Active Lifestyle

#064

### Aloe Heat Lotion®

This ultra-rich yet non-greasy formula goes on cool and stimulating, then warms up as it's massaged into the skin to help promote relaxation.

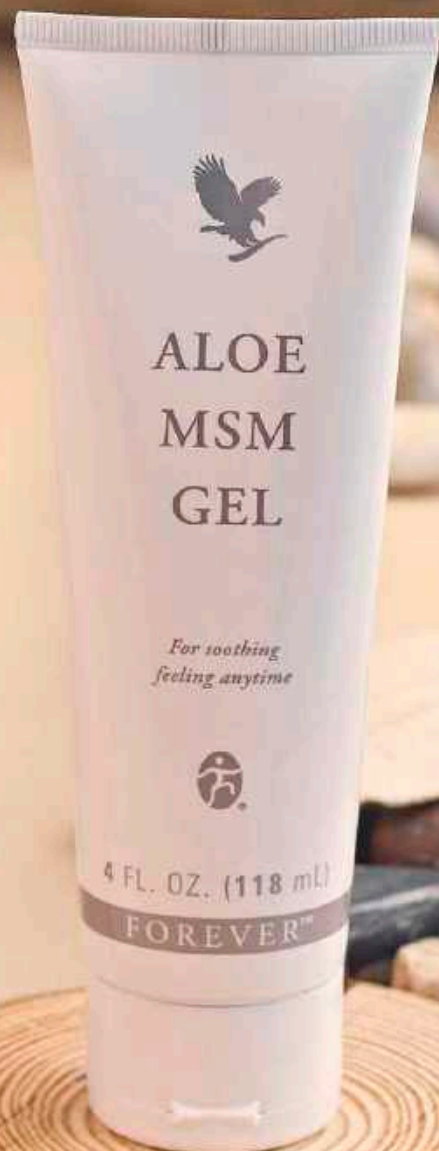
118 ml

#205

### Aloe MSM Gel®

Pure inner leaf aloe vera and methyl sulfonyl methane (MSM) combine with herbal extracts to provide soothing relief and deep comfort.

118 ml



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Use these supplements to support your body before exercising:



Forever ARG1+®  
Supports blood flow and the cardiovascular system



Forever Active HA®  
Promotes proper joint function



Forever Multi-Maca®  
Supports stamina



Aloe Heat Lotion®  
Gives body feeling of relaxation

Use these supplements to support your body after exercising:



Forever Move®  
Supports joint comfort and flexibility



Forever Lite Ultra®  
Contributes to lean muscle mass



Forever Supergreens®  
Supports a number of healthy body functions and systems.



Aloe MSM Gel®  
Supports soothing feeling after exercise



*You deserve to feel your best,  
always!*







## Health 4 Men Combo by Forever Living Products Southern Africa

The Health 4 Men Combo combines the best of nature's ingredients to support your body's needs. Whether you're looking to improve your digestive health, boost your cardiovascular system, maintain hormonal balance, or enhance your physical performance, this combo has got you covered.

Take control of your health and vitality with this comprehensive and effective solution, and experience the benefits of optimal nutrition every day.

### #400

#### Health 4 Men Combo

Contents:

- x1 Forever Aloe Vera Gel® - 1 Litre Tetra Pak
- x1 Forever Arctic Sea® - 120 Softgels
- x1 Vitolize® For Men - 60 Softgels
- x1 Forever Multi-Maca® - 60 Tablets
- x1 Health 4 Men Drawstring Bag

#### Health 4 Men Product Benefits:

Supports digestive health, heart health, brain function, prostate health, sexual health and libido.

Promotes nutrient absorption, healthy joints and mobility and overall vitality.

Boosts immune function, energy and stamina.

Maintains hormonal balance.

FOREVER  
FAVOURITE







FOREVER  
FAVOURITE

### Bee Products

Support your health and wellness with the power of bees.

Playing a vital role in nature, bees pack their hives with beneficial substances that fuel the body and mind. In fact, bee products are known to support the body's defenses and boost energy.

At Forever, we believe honey producers have a responsibility to protect bee colonies and help them grow, which is why we partner with those who are dedicated to sustainable sourcing and responsible practices. Forever's Bee products include mountain-harvested honey and a variety of products to support your health in any season.







**All natural  
Forever Bee products  
are the ideal complement  
to Aloe Vera and play an  
important part in wellness  
and a healthy,  
balance lifestyle.**

**#036**

### **Forever Royal Jelly®**

Made of the same substance that feeds the queen bee, this natural energy booster supports overall health and wellness.

60 tablets

**#027**

### **Forever Bee Propolis®**

Propolis, the material bees create to protect their hives, has been found to help support the body's immunity and help combat free radicals.

60 chewable tablets

**#026**

### **Forever Bee Pollen®**

Get the power of pure bee pollen, which supports natural energy and stamina, in an easy-to-take tablet.

100 tablets

**#051**

### **Aloe Propolis Creme®**

This combination of pure aloe vera gel, bee propolis and antioxidant vitamins nourishes, soothes and rejuvenates your skin's tone and texture.

113g





## F.I.T Programs

**THE PRODUCTS IN VITAL5™ WERE SPECIALLY FORMULATED TO WORK TOGETHER SYNERGISTICALLY.**

THIS MEANS YOU RECEIVE EVEN MORE POWERFUL RESULTS WHEN ALL FIVE PRODUCTS ARE TAKEN TOGETHER THAN IF EACH PRODUCT IS TAKEN ON ITS OWN.





# Vital5<sup>®</sup> Advanced Nutrition Made Simple

Support an ongoing healthy lifestyle with this set of five essential Forever products. They work together to bridge nutritional gaps, boost immunity, promote natural energy, aid in digestion, and provide key nutrients your body needs to function at its most optimally. You'll also receive an easy-to-follow supplement schedule along with optional exercises and lifestyle tips from the F.I.T. program. Vital5 can be done on an ongoing basis (except during C9).



#456

## Vital5<sup>®</sup> Advanced Nutrition

Contents:

x4 Forever Aloe Vera Gel<sup>®</sup> - 1 Litre Tertra Paks

x1 Forever Daily<sup>®</sup> - 60 Tablets

x1 Forever Active Pro-B<sup>®</sup> - 30 Capsules

x1 Forever Arctic Sea<sup>®</sup> - 120 Softgels

x1 ARGI+<sup>®</sup> Pouch - 30 Packets

x1 Vital5<sup>®</sup> Booklet



### Forever Aloe Vera Gel<sup>™</sup>

The first product to receive certification by the International Aloe Science Council for purity, our Aloe gel supports your digestive system and helps nutrient absorption. We lovingly extract the potent pulp and liquid through a perfected process so you can experience the power of nature.



### Forever Active Probiotic<sup>™</sup>

Featuring an impressive 1 billion cfu of probiotics, this super blend of six probiotic strains can promote a healthy digestive system, enhance nutrient absorption and support immune function. Forever Active Probiotic<sup>™</sup> is delivered by a patented encapsulation technology that ensures the valuable bacteria is released in the most valuable part of your intestinal tract. With no need for refrigeration, this easy-to-swallow "good bacteria" will help overcome imbalances created by your food or lifestyle choices.



### Forever Arctic Sea<sup>™</sup>

Containing an exclusive blend of oils: fish, calamari and high oleic olive oil, this is THE Omega-3, EPA and DHA supplement. Also featuring vitamin E, Forever Arctic Sea<sup>™</sup> is not sourced from one, but three pure fish oils: anchovy, salmon and cod. This well rounded supplement supports key areas of the body like the cardiovascular, digestive and immune systems as well as brain and eye health.



### ARGI+<sup>™</sup>

ARGI+<sup>™</sup> provides your daily recommended dose of the "miracle molecule" also known as L-Arginine, a key amino acid. L-Arginine plays many important roles in the body, from supporting cellular function to boosting nitric oxide production, which helps increase blood flow to major organs. Fortified with synergistic vitamins and fruits, this well rounded supplement supports your entire body while adding a delicious berry flavor to your favorite beverage.



### Forever Daily<sup>™</sup>

Enhanced with AOS Complex<sup>™</sup>, this powerful daily multivitamin provides the most advanced nutrient delivery system available. Our proprietary formula contains 55 perfectly balanced, Aloe-coated nutrients, including recommended daily values of essential vitamins and minerals. We also included a blend of fruit and vegetables to help provide valuable phytonutrients. Ideal health in a bottle.

SYNERGY.



F.I.T Programs

To enter the online  
store for SA click here

**F.I.T.**<sup>TM</sup>  
Look Better. Feel Better.

## NUTRITIONAL CLEANSING PROGRAM





# C9™ Nutritional Change System

Jump-start your journey to a leaner, healthier you with C9.

This nine-day nutritional change system combines five nutritional products and supplements with light movement and reduced-calorie recipes. C9 will train you to make better decisions about your nutrition and show you how easy and beneficial it is to incorporate daily movement into a new, healthier lifestyle.



#547 ● Vanilla

## C9™ Pak - with Forever Lite Ultra Vanilla

Contents:

x2 Forever Aloe Vera Gel® - 1 Litre Tetra Paks

x1 Forever Lite Ultra® Shake Mix - Vanilla

x54 Forever Garcinia Plus® - Softgels

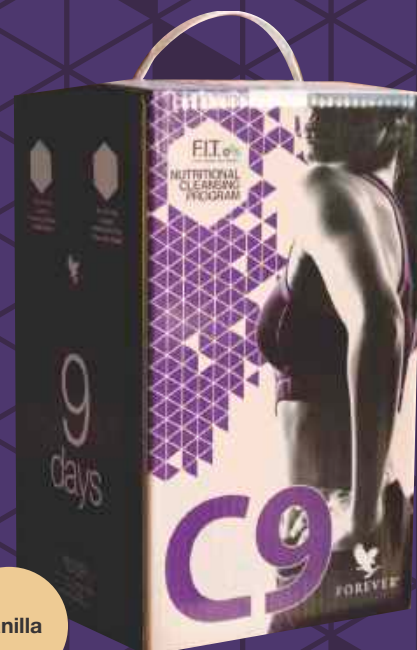
x9 Forever Fiber® - Packets

x18 Forever Therm® - Tablets

x1 F.I.T. Tape Measure

x1 F.I.T. Shaker

x1 C9 Instruction Booklet



Vanilla

#548 ● Chocolate

## C9™ Pak - with Forever Lite Ultra Chocolate

Contents:

x2 Forever Aloe Vera Gel® - 1 Litre Tetra Paks

x1 Forever Lite Ultra® Shake Mix - Chocolate

x54 Forever Garcinia Plus® - Softgels

x9 Forever Fiber® - Packets

x18 Forever Therm® - Tablets

x1 F.I.T. Tape Measure

x1 F.I.T. Shaker

x1 C9 Instruction Booklet



Chocolate

*Nourishing Your Body. Enriching Your Life!*



# Transform your body



**F.I.T.**<sup>TM</sup>  
Look Better. Feel Better.

**NUTRITIONAL  
CLEANSING  
PROGRAM**



# F15<sup>®</sup> Nutritional Weight Management Program

Build a healthy fitness foundation through this 15-day program that balances nutrition with exercise for multiple fitness levels. The workouts and nutritional guidance are complemented by nutritional products and supplements to support your ongoing commitment to a healthy lifestyle. Through F15, you'll change the way you think about food and exercise while building lean muscle. F15 can be completed after C9 to help you stay on course in achieving your weight loss and fitness goals every month.

#536 ● Vanilla

## F15<sup>™</sup> Pak - with Forever Lite Ultra Vanilla

Contents:

- x2 Forever Aloe Vera Gel<sup>®</sup> - 1 Litre Tetra Paks
- x1 Forever Lite Ultra<sup>®</sup> Shake Mix - Vanilla
- x90 Forever Garcinia Plus<sup>®</sup> - Softgels
- x15 Forever Fiber<sup>®</sup> - Packets
- x30 Forever Therm<sup>®</sup> - Tablets
- x1 F.I.T. Tape Measure
- x1 F.I.T. Shaker
- x3 Instruction Booklets (beginner, intermediate & advanced)



Vanilla

#537 ● Chocolate

## F15<sup>™</sup> Pak - with Forever Lite Ultra Chocolate

Contents:

- x2 Forever Aloe Vera Gel<sup>®</sup> - 1 Litre Tetra Paks
- x1 Forever Lite Ultra<sup>®</sup> Shake Mix - Chocolate
- x90 Forever Garcinia Plus<sup>®</sup> - Softgels
- x15 Forever Fiber<sup>®</sup> - Packets
- x30 Forever Therm<sup>®</sup> - Tablets
- x1 F.I.T. Tape Measure
- x1 F.I.T. Shaker
- x3 Instruction Booklets (beginner, intermediate & advanced)



Chocolate

**Each 15 day program (beginner, intermediate or advanced) is specially designed to provide you with the knowledge that you need to get inspired, help you make permanent changes toward a healthier lifestyle and continue your transformation.**



Look Better. Feel Better.

Weight Management

Maintaining a healthy weight is important for overall health. Especially as you age, not only does having optimal weight keep you looking and feeling your best, but it can also help you prevent health complications.

Forever’s powerful weight management products are formulated with scientifically advanced, high-quality ingredients to help you get the results you’re looking for, whether you want to lose weight or build lean muscle.

Use them to supplement your healthy lifestyle at home and on the go.



17 GRAMS  
OF PROTEIN  
PER SERVING

Chocolate

- Metabolize & Boosts
- Blocks Fat
- Suppresses Appetite







**17 GRAMS  
OF PROTEIN  
PER SERVING**

Vanilla

#463

### Forever Therm®

Help your body metabolize carbs, proteins and fats with this specific blend of green tea, naturally derived caffeine, raspberry ketones and B vitamins.

60 tablets

#470

### Forever Lite Ultra® Vanilla

#471

### Forever Lite Ultra® Chocolate

This great source of vitamins and minerals includes 18 amino acids and 17 grams of vegetarian-sourced protein per serving in a choice of a natural vanilla or chocolate flavour.

Vanilla - 375g

Chocolate - 375g

#289

### Forever Lean®

Support your weight loss goals with this supplement that blends natural ingredients, including Indian fig and white kidney bean, to block the absorption of some of the fat and carbohydrate calories you ingest.

120 capsules

#520

### Forever Fast Break®

Boost your energy with the classic peanut butter and chocolate-covered energy bar that contains 12 grams of protein per serving and a blend of vitamins and minerals.

56g per bar

#071

### Forever Garcinia Plus®

Complement your healthy lifestyle with this supplement featuring the Garcinia cambogia fruit, which contains hydroxycitric acid, a compound that has been shown to temporarily inhibit the body's conversion of carbohydrates into fats and help suppress appetite.

70 softgels

FOREVER  
FAVOURITE

Remember to add Forever Fiber  
to your weight management program.

**Forever  
Fiber®**

Gluten-Free  
Water-Soluble  
Fiber Supplement

**30**  
Packets

©2014



## Skin Care

Skin is the body's largest organ, so it's important to have a skin care routine for both face and body that supports it. Your lifestyle, nutrition and environmental stressors like the sun all affect your skin, which can impact your health — making it even more important to nourish and protect skin.

Forever has combined aloe vera with other natural and scientifically advanced ingredients to create powerful formulas designed to moisturize and soothe skin while providing results from head to toe.

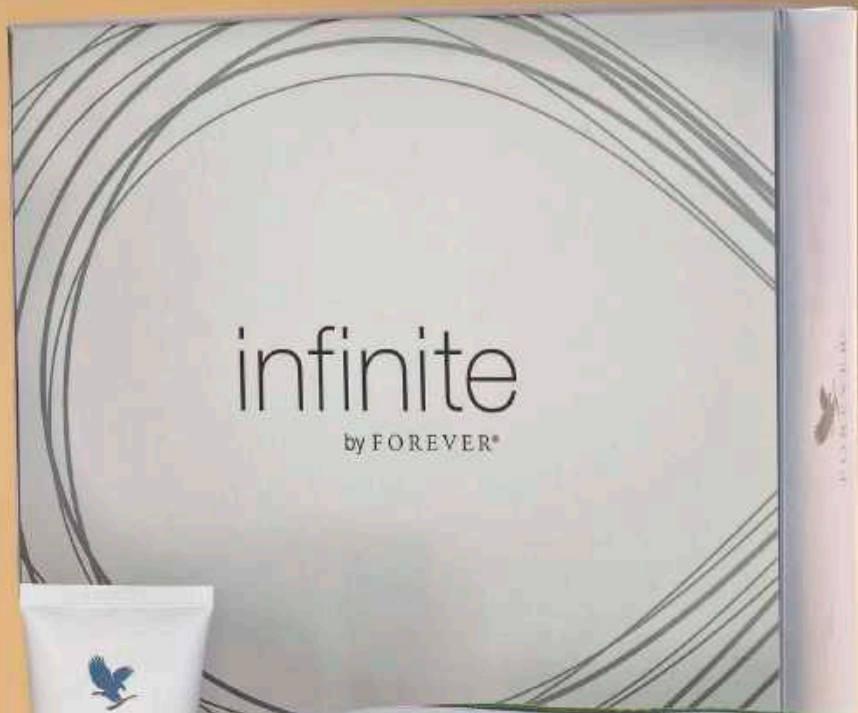


Aloe vera is renowned for its soothing and healing properties on the skin. One particularly interesting fact is that aloe vera contains compounds called polysaccharides, which not only help retain moisture in the skin but also stimulate skin regeneration and repair.





Aloe vera has a unique ability to penetrate the skin deeply, reaching the epidermis, dermis, and even the hypodermis layers. This deep penetration helps deliver its beneficial nutrients, such as vitamins A, C, and E, directly to the skin cells. These vitamins act as powerful antioxidants, protecting the skin from free radical damage and aiding in the prevention of premature aging.



USING THE  
BEST OF SCIENCE  
AND NATURE



Skin Care

Facial Care

Forever makes building a facial skin care routine easy with three lines of products that address a variety of skin types and concerns. Most of these products include Forever’s proprietary stabilized aloe vera gel, which soothes and supports skin. Start with the basics — cleanse, tone, target and moisturize — and customize your routine from there.

#553

Infinite By Forever®  
Advanced Skincare Kit

The infinite by Forever skincare system targets aging from inside and outside with a combination of pure aloe vera, botanicals and scientifically advanced ingredients.

This advanced skincare system includes one of each product: infinite by Forever hydrating cleanser, infinite by Forever restoring crème, infinite by Forever firming complex, and infinite by Forever firming serum.



#554

infinite by Forever®  
hydrating cleanser

Gently cleanse dirt, oil and makeup from the skin with botanicals and vitamin-rich ingredients that combine into a milky, hydrating formula without sulfates.

118ml

#558

infinite by Forever®  
restoring crème

Containing over 15 skin conditioning ingredients, this quick-absorbing restoring crème contains anti-aging ingredients to support the tone and texture of youthful skin.

48.2g

#556

infinite by Forever®  
firming complex

Support signs of aging from the inside out with this beauty nutritional that contains French melon, marine collagen and vitamin C to fight free radicals and increase skin’s flexibility and hydration.

60 tablets

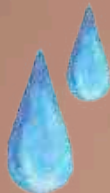
#555

infinite by Forever®  
firming serum

Increase the appearance of skin’s firmness with this scientifically advanced formula that reduces the appearance of fine lines and wrinkles while supporting skin’s elasticity and tone.

30ml





## Did you know?

Skin that is sometimes oily, sometimes flaky or dry is referred to as combination skin. Sonya® daily skincare system can help your skin stay smooth, hydrated and comfortable all year long.

#609

## Sonya® Daily Skincare System Kit

The Sonya daily skincare system contains four products to meet all your facial skin care needs, each including the power of aloe and select botanicals.

This daily skincare system includes one of each product: Sonya refreshing gel cleanser, Sonya refining gel mask, Sonya soothing gel moisturizer, and Sonya illuminating gel.



#605

### Sonya® refreshing gel cleanser

Thoroughly clean your skin without that tight feeling with this soft, rich lathering gel, ideal for cleansing and nourishing combination skin.

118ml

#607

### Sonya® refining gel mask

Support the skin's appearance while you sleep with botanical and moisturizing ingredients that brighten the appearance of the skin tone, promotes a healthy-looking skin, and nourishes the skin without feeling greasy.

59ml

#608

### Sonya® soothing gel moisturizer

With over 10 natural plant extracts and oils, collagen and amino acids, this gel moisturizer leaves skin feeling refreshed and moisturized.

59ml

#606

### Sonya® illuminating gel

A combination of Asian botanicals, licorice root and algae smooths and softens the complexion, helping your skin glow.

28.3g



### Skincare For Targeted Results

Beautiful, glowing skin is within reach with Forever's new skincare products for targeted results. These unique products will refresh and revive your skin by targeting specific skincare needs such as dullness, dry skin, blotches, sun damage, puffiness and dark circles. They can be added to any skincare regimen and complement all skin types, product lines and routines to maximize results for your personal needs.



#559

#### smoothing exfoliator®

Physical exfoliants of jojoba beads and bamboo powder, plus bromelain and papain, replenish the skin and reveal a brighter-looking, smoother tone and texture.

60ml

#560

#### balancing toner®

Using toner between cleansing and moisturizing helps ensure the skin is fully cleansed. This blend of hyaluronic acid and botanicals soothes and hydrates while minimizing the appearance of pores.

130ml

#612

#### aloe activator®

With over 98% aloe vera gel, this unique liquid delivers moisture to the skin using a combination of allantoin and aloe with its many essential components like vitamins A, C and E.

130ml

#618

#### hydrating serum®

Quickly plump the appearance of your skin with this fast-absorbing serum that boosts hydration with aloe vera and four types of hyaluronic acid.

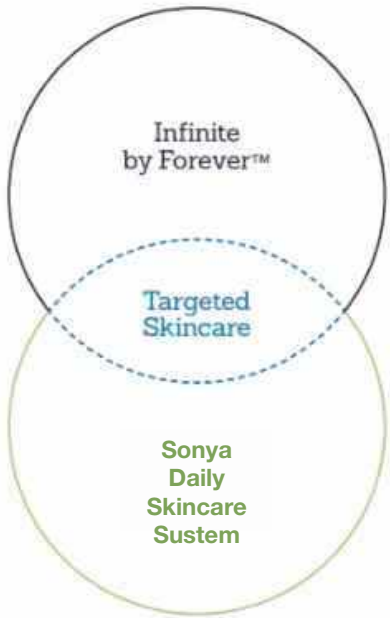
50ml



Product Name	Classifications			Certifications			
	Gluten Free	Vegetarian Friendly	Vegan Friendly	IASC	Halal	Kosher	Leaping Bunny
Aloe Activator	✓	✓	✓	✓	✓	✓	✓
Awakening Eye Cream	✓			✓	✓	✓	✓
Balancing Toner	✓	✓	✓	✓	✓	✓	✓
Forever Alpha-E Factor	✓	✓	✓		✓	✓	✓
Hydrating Serum	✓	✓		✓	✓	✓	✓
Protecting Day Lotion	✓	✓	✓	✓	✓	✓	✓
R3 Factor	✓			✓	✓	✓	✓
Soothing Exfoliator	✓	✓	✓	✓	✓	✓	✓



These five amazing products by Forever for targeted results will give you glowing, radiant, and fabulous skin. Strategically placed between our infinite by Forever™ and Sonya Daily skincare line, these skincare products can be used by both women and men of all ages and can complement any skincare regimen.



#645

protecting day lotion®

Keep your skin protected from harmful UVA/UVB rays with this SPF 20 natural mineral sunscreen that contains more than 20 skin conditioning ingredients and goes on smoothly with a flawless finish.

60ml

#561

awakening eye cream®

This combination of peptides, botanicals and collagen helps to diminish the appearance of dark circles and puffiness, so that your eyes appear rested, alert and rejuvenated.

21g

#069

R3 Factor®

Retain, restore and renew your skin with this unique formula combining alpha hydroxy acids, vitamins A and E, and collagen to gently exfoliate and revitalize skin.

56.7g

#187

Forever Alpha-E Factor®

Vitamins A, E and C deliver powerful antioxidants like retinyl palmitate, which combats free radicals and dryness, in this rich elixir that enhances elasticity and restores moisture to skin.

30ml

Ideal Companions To Add To Your Targeted Skin Care Regime



## **Create a Routine That Suits Your Skin**

Whether you have dry, oily or combination skin, Forever has three lines of products to support your facial skin care concerns. Use the chart on the next page to easily build a six-step routine that supports your skin, based on your unique needs.



	1 Cleanse	2 Exfoliate	3 Tone	4 Target	5 Moisturize	6 Protect
#553 infinite by Forever® Advanced Skincare Kit	●			●	●	
#554 infinite by Forever® hydrating cleanser	●					
#558 infinite by Forever® restoring crème					●	
#555 infinite by Forever® firming serum				●		
#609 Sonya® Daily Skincare System	●		●	●	●	
#605 Sonya® refreshing gel cleanser	●					
#607 Sonya® refining gel mask				●		
#608 Sonya® soothing gel moisturizer					●	
#606 Sonya® illuminating gel				●		
#559 smoothing exfoliator	●	●				
#645 protecting day lotion					●	●
#618 hydrating serum				●	●	
#560 balancing toner			●			
#561 awakening eye cream				●		
#612 aloe activator			●	●		
#069 R3 Factor®		●			●	
#187 Forever Alpha-E Factor®				●	●	
#284 Aloe Avocado Face & Body Soap	●					
#238 Forever Aloe Scrub®		●				
#070 Gentleman's Pride®			●		●	
#063 Aloe Moisturizing Lotion					●	
#617 Aloe Sunscreen						●

● Normal to dry skin    ● Normal to oily skin    ● Any skin type



## #569

### Sonya™ precision liquid eyeliner

Made with more natural, quality ingredients, the Sonya™ precision liquid eyeliner will redefine your eyes while nourishing your skin with even more conditioning ingredients. This rich, black eyeliner will perfect any daytime or evening look with a simple swipe. The easy-to-use precise and flexible brush allows for crisp, sleek lines. Application is made even smoother with an ergonomic, easy-to-hold pen so you can get it right the first time.

This unique formula includes skin-enhancing aloe vera, castor oil and sunflower seed oil—all ideal for the gentle and delicate eye area. These natural nutrients soothe and moisturize for the added benefits to your skin. Precision liquid eyeliner also has vitamin E, a rich antioxidant proven to alleviate dryness.

1ml

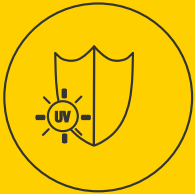


#617

### Aloe Sunscreen®

This SPF 30 sunscreen protects the skin from UVA and UVB rays for up to 80 minutes without feeling greasy or leaving residue behind.

118ml



#022

### Forever Aloe Lips®

The soothing power of aloe combines with jojoba to moisten and soften lips while three types of wax provide long-lasting coverage.

4.25g

#063

### Aloe Moisturizing Lotion®

Condition and moisturize the hands and body with this thick lotion that combines pure aloe, apricot kernel oil, jojoba and vitamin E.

118ml

#641

### Aloe-Jobba Conditioner®

Keep hair soft, shiny and manageable with this light, pH-balanced conditioner formula fortified with vitamin B5 and jojoba oil to strengthen hair.

296ml

#647

### Aloe Body Lotion®

Pure aloe, vitamin E, and oils including jojoba and rosehip combine in a lightweight formula that softens skin and leaves it feeling smooth, hydrated and healthy-looking.

236ml



## Body Care

Clean and moisturize from the top down with Forever's body care products. From hair care to body wash to lip moisturizer, each product features pure, inner leaf aloe vera gel that delivers a soothing sensation from head to toe. Experience the power of aloe with these everyday body care essentials to support healthy-looking skin and hair.



#238

### Forever Aloe Scrub®

Gently scrub away dead skin cells and debris with jojoba microspheres found in this natural exfoliator that leaves skin smooth without drying or damaging effects.

99g

#061

### Aloe Vera Gelly®

Perfect for any skin type, this pure inner leaf aloe vera gel conditions, soothes and moisturizes.

118ml

#284

### Aloe Avocado Face & Body Soap®

Gentle enough for face, body and all skin types, rich avocado and soothing aloe vera moisturize and soften skin, leaving behind a fresh citrus scent.

142g

#640

### Aloe-Jobaba Shampoo®

Ideal for everyday use on all hair types, this shampoo combines aloe vera gel, vitamin A and jojoba to soothe, moisturize and cleanse the scalp and hair.

296ml

#646

### Aloe Body Wash®

Get clean, hydrated skin with the creamy foam of this gentle, pH-balanced cleanser featuring aloe and vitamins A, C and E with an inviting amber and woods fragrance.

236ml



## AT 1 Animal Tip 1 Aloe First®

Aloe First Spray, with a convenient nozzle applicator, this liquid can be sprayed directly to tender areas of your animal to soothe irritations or to cleanse before dressing or applying Aloe Vera Gelly. This formula can also be sprayed onto animal coats after bathing, for extra shine and condition. Administered as a leg wash, it can soothe after heavy exercise.

## AT 2 Animal Tip 2 Forever Bright® Toothgel

Well-liked by our human customers, this high in aloe, refreshing toothgel is ideal for your pet's teeth too. Reducing the build-up of plaque and tartar on the teeth, while gently soothing the gum areas, it has a low-abrasiveness factor and leaves teeth sparkling clean. It is fluoride free and completely safe if swallowed.



## Aloe Vera & Animals





## Personal Care

The finishing touches, are just as important for your health and personal hygiene. So, don't forget about these personal care products that will help you look and feel your best throughout the day.



AT 2

FOREVER  
FAVOURITE



FOREVER  
FAVOURITE

#040

### Aloe First®

Made with aloe vera gel, bee propolis and 11 plant extracts, this pH-balanced spray is great for both skin and hair, providing a soothing mist for all skin types and a barrier between hair and the elements.

473ml

#067

### Aloe Ever-Shield®

Protect against underarm odor with this deodorant that's made without antiperspirants or aluminum salts, instead using the soothing power of aloe for a smooth glide onto the skin.

92.1g

#070

### Gentleman's Pride®

An aloe-powered, alcohol-free aftershave moisturizes sensitive post-shave skin, providing a cooling, fresh feel and a sophisticated masculine scent.

118ml

#028

### Forever Bright® Toothgel

Keep teeth, gums and breath fresh and clean with this fluoride-free and natural peppermint-spearmint flavoured formula safe for kids and adults.

130g

#633

### Aloe Liquid Soap®

Naturally derived cleansers wash dirt and debris from the whole body, nourishing skin with pure aloe vera and a blend of jojoba and argan oils for a fresh, renewed feel.

473ml





COMBO VALUE:  
**1.4CC**  
BUT YOU  
STILL GET  
**2CC**

**To get started:**



Visit [foreverliving.com](https://foreverliving.com)



Select South Africa  
as the country



Select the JOIN tab



Select a Start Your  
Journey Combo Pak



Complete your profile  
and sign-up as a  
Forever Business Owner

**Preferred  
Customers can  
move up to  
Assistant Supervisor  
immediately.**

# Jump-Start Your Forever Journey

**Interested in earning extra income by sharing  
Forever's products? One box can set you up for  
success as a Forever Business Owner!**

A Start Your Journey Combo Pak includes a selection of Forever essentials, including our flagship Forever Aloe Vera Gel®, so you can try a variety of products, share them with others, and even sell them at retail price. You'll also get business building tools to help you reach your goals even faster. A pack qualifies you to opt into the Forever business while getting a taste of Forever, plus it's the simplest way to becoming an Assistant Supervisor and receiving a 30% discount on every Forever purchase.



#634

## Start Your Journey Combo Pak

Contents:

- x2 Forever Aloe Vera Gel®
- x2 Forever Aloe Berry Nectar®
- x2 Forever Kids®
- x2 Forever Arctic Sea®
- x2 Forever Bright Toothgel®
- x3 Avocado Face & Body Soap®
- x3 Aloe Vera Gelly®
- x3 Aloe Heat Lotion®
- x3 Aloe Ever-Shield®
- x3 Aloe Lips®
- x1 Literature Pack

CONTENTS OF THIS COMBO PAK SUBJECT TO CHANGE

Forever makes no guarantees on income or success. Your success depends on your effort, commitment, skill and leadership abilities, and how effectively you exercise those qualities. Please see Forever's Income Disclosure Statement at [foreverliving.com/income](https://foreverliving.com/income) for more information.



# AN OPPORTUNITY TO FIT YOUR GOALS AND LIFESTYLE



**Do you love using Forever products?**  
Turn it into an opportunity by sharing your favourite products with others.

Whether you are looking to earn a little extra, qualify for great incentives or attend events all over the world, these starter packages are a perfect introduction to building a Forever Business. Join thousands of Forever Business Owners all over the world who are building something special on their own terms.

## #005

### Forever Fast Start Combo Pak

Contents:

- x2 Forever Aloe Vera Gel<sup>®</sup>
- x2 Forever Aloe Berry Nectar<sup>®</sup>
- x2 Forever Freedom<sup>®</sup>
- x1 Forever Aloe Peaches<sup>®</sup>
- x2 Forever Arctic-Sea<sup>®</sup>
- x2 Aloe Propolis Creme<sup>®</sup>
- x2 Aloe Moisturising Lotion<sup>®</sup>
- x2 Aloe Heat Lotion<sup>®</sup>
- x2 Aloe Ever-Shield<sup>®</sup>
- x2 Forever Bright Toothgel<sup>®</sup>
- x2 Aloe Lips<sup>®</sup>
- x2 Aloe Liquid Soap<sup>®</sup>
- x2 Aloe Vera Gelly<sup>®</sup>
- x1 Aloe-Joboba Shampoo<sup>®</sup>
- x1 Aloe-Joboba Conditioner<sup>®</sup>
- x1 Literature Pack

CONTENTS OF THIS COMBO PAK SUBJECT TO CHANGE

## #634

### Forever Skin Care Combo Pak

Contents:

- x1 Forever Aloe Vera Gel<sup>®</sup>
- x1 Forever Aloe Berry Nectar<sup>®</sup>
- x1 Forever Freedom<sup>®</sup>
- x1 Forever Aloe Peaches<sup>®</sup>
- x1 Aloe Heat Lotion<sup>®</sup>
- x1 Aloe Ever-Shield<sup>®</sup>
- x1 Aloe Moisturising Lotion<sup>®</sup>
- x1 Aloe Vera Gelly<sup>®</sup>
- x1 Aloe Propolis Creme<sup>®</sup>
- x2 Forever Bright Toothgel<sup>®</sup>
- x1 Aloe Liquid Soap<sup>®</sup>
- x1 Aloe Lips<sup>®</sup>
- x1 Aloe-Joboba Shampoo<sup>®</sup>
- x1 Aloe-Joboba Conditioner<sup>®</sup>
- x1 Literature Pack

CONTENTS OF THIS COMBO PAK SUBJECT TO CHANGE

## #001

### A Touch of Forever (TOF) Combo Pak

Contents:

- x1 Forever Aloe Vera Gel<sup>®</sup>
- x1 Forever Aloe Berry Nectar<sup>®</sup>
- x1 Forever Lite Ultra - Vanilla<sup>®</sup>
- x2 Aloe Blossom Herbal Tea<sup>®</sup>
- x1 Nature-Min<sup>®</sup>
- x1 Forever Arctic-Sea<sup>®</sup>
- x1 Absorbent-C<sup>®</sup>
- x1 Forever Kids<sup>®</sup>
- x1 Garlic-Thyme<sup>®</sup>
- x1 Fields of Greens<sup>®</sup>
- x1 Forever Bee Pollen<sup>®</sup>
- x1 Forever Bee Propolis<sup>®</sup>
- x1 Forever Royal Jelly<sup>®</sup>
- x1 Aloe Liquid Soap<sup>®</sup>
- x1 Aloe First Spray<sup>®</sup>
- x1 Aloe Propolis Creme<sup>®</sup>
- x1 Aloe Activator<sup>®</sup>
- x1 Aloe Vera Gelly<sup>®</sup>
- x1 Aloe Moisturising Lotion<sup>®</sup>
- x2 Aloe Heat Lotion<sup>®</sup>
- x3 Aloe Ever-Shield<sup>®</sup>
- x1 Gentleman's Pride<sup>®</sup>
- x1 Aloe-Joboba Shampoo<sup>®</sup>
- x1 Aloe-Joboba Conditioning Rinse<sup>®</sup>
- x3 Forever Bright Toothgel<sup>®</sup>
- x2 Aloe Lips<sup>®</sup>
- x1 Literature Pack

CONTENTS OF THIS COMBO PAK SUBJECT TO CHANGE



# Aloe Everyday

Let's make every day  
an Aloe day!



## CHOOSE YOUR ALOE DRINK



Forever Aloe Vera Gel®  
**Aloe Drinks Tri-Pak - Aloe Vera Gel®**  
Forever Aloe Vera Gel® Minis:

x1 one-liter bottle #715  
**x3 one-liter bottles #7153**  
x12 Minis, 330ml each #71612



Forever Aloe Berry Nectar®  
**Aloe Drinks Tri-Pak - Aloe Berry Nectar®**

x1 one-liter bottle #734  
**x3 one-liter bottles #7343**



Forever Aloe Peaches®  
**Aloe Drinks Tri-Pak - Variety**  
x1 Forever Aloe Vera Gel®  
x1 Forever Aloe Berry Nectar®  
x1 Forever Aloe Peaches®

x1 one-liter bottle #777  
**x3 one-liter bottles #7333**

Forever Freedom® - with MSM  
Added joint function & mobility support

x1 one-liter bottle #196

FAB® Forever Active Boost  
Energy Drink with B Vitamins

x12 Cans, 269ml each #721

Aloe Blossom® Herbal Tea  
Great for in-between breaks

x25 Bags, 15g each #200



Drink  
480 ml  
of Aloe  
daily.



Drink  
2-3 L  
of water  
daily.



Fuel your  
body with  
clean,  
balanced  
meals.



Drink  
120 ml  
of Aloe  
daily.



Engage in 30-45 minutes of moderate  
exercise or physical activity daily.



#7153

### Aloe Drinks Tr-Pak: Aloe Vera Gel®

Contents:

x3 Forever Aloe Vera Gel® - 1 Litre Tetra Paks



#7343

### Aloe Drinks Tr-Pak: Aloe Berry Nectar®

Contents:

x3 Forever Aloe Berry Nectar® - 1 Litre Tetra Paks



#7333

### Aloe Drinks Tr-Pak: Variety

Contents:

x1 Forever Aloe Vera Gel® - 1 Litre Tetra Pak

x1 Forever Aloe Berry Nectar® - 1 Litre Tetra Pak

x1 Forever Aloe Peaches® - 1 Litre Tetra Pak

CONTENTS OF THIS COMBO PAK SUBJECT TO CHANGE



# Ensuring the highest quality.

We are the largest grower and manufacturer of aloe vera and aloe vera products in the world. Our aloe vera products were the first to receive the International Aloe Science Council's Seal of Approval for Aloe content and purity. Many of the products also feature the Kosher and Halal Seal of Approval. Forever does not test its products on animals.



The inner leaf aloe vera gel from the aloe vera plants grown in Forever's Dominican Republic fields is 100% Organic.

**For more information or to place your order, contact the Forever Business Owner below:**

Martina Hahn, FBO since 2002  
WhatsApp: +39 340 7012181

Enter the online store FLP SA:  
[click here](#)

**Or place your order online:**



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# What Matters Most...

FOREVER  
LIVING  PRODUCTS®